



BACA

Clinique des
troubles
alimentaires

Eating Disorder
Treatment
Clinic

POSITION: PSYCHOTHERAPY INTERN

PART-TIME / FULL-TIME EMPLOYEE (25 to 40 hours)

COMPANY: BACA Eating Disorders Clinic Inc. www.cliniquebaca.com

The BACA Clinic is a private clinic offering specialized, intensive, outpatient services for individuals suffering from the full range of eating disorder symptoms, including but not limited to anorexia, bulimia, and binge eating disorder. We also offer support to parents and loved ones who are accompanying someone through this difficult journey. We offer an integrated treatment model that addresses all aspects of the individual's life, promoting rapid and personalised care. Our target clientele is aged 14 and older.

Our team believes in full recovery and mobilizes all resources to restore hope for a more balanced life, free from weight and appearance-related obsessions. The welcoming and warm environment at the clinic fosters a climate of trust conducive to recovery.

We form a multidisciplinary team of professionals passionate about helping and fostering relationships and teamwork. We also prioritize close collaboration with professionals from other fields involved in our clients' cases to provide the best possible services. We are looking for a psychotherapist who is eager to grow within such a team and who wishes to take on the clinical challenges of working with this engaging clientele.

We are currently recruiting mental health professionals interested in developing expertise in the treatment of eating disorders while completing their 600-hour psychotherapy internship, with the goal of obtaining a psychotherapist permit issued by the Ordre des Psychologues du Québec (OPQ).

Requirements:

- Master's degree in a field related to mental health and membership in a professional order that allows eligibility for the psychotherapist permit issued by the OPQ:
 - Ordre des conseillers et conseillères d'orientation du Québec
 - Ordre professionnel des criminologues du Québec
 - Ordre des ergothérapeutes du Québec
 - Ordre des infirmières et des infirmiers du Québec
 - Ordre des psychoéducateurs et des psychoéducatrices du Québec
 - Ordre professionnel des sexologues du Québec
 - Ordre des travailleurs sociaux et des thérapeutes conjugaux et familiaux du Québec
- Excellent command of French or English (spoken and written), with oral comprehension of both French and English;



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- Availability 3 to 5 days per week, including a minimum of one evening;
- Interest in continuing at the clinic after the internship;
- Participation in continuing education activities and various interdisciplinary meetings.

Required Skills:

- Under the supervision of a senior member of our clinical team, provide individual psychotherapy as an intern to adolescent and adult clients with eating disorders;
- Facilitate psychoeducational and/or support groups as needed.

Profile Sought:

- Interest in being trained and supervised by qualified team members to develop expertise in eating disorder treatment and meet the requirements for the psychotherapist permit;
- Passion for helping relationships and interest in the field of eating disorders;
- Interest in integrating the BACA team's therapeutic approach;
- Enjoy working in a collaborative environment;
- Knowledge of interdisciplinary teamwork principles;
- Rigor and professionalism, autonomy, introspection, and self-evaluation are valued strengths.

What We Offer:

- Individual and group supervision enabling you to meet regulatory requirements for obtaining the psychotherapist permit, as well as training opportunities;
- The opportunity to work within a warm, multidisciplinary and interdisciplinary team composed of psychologists, psychotherapists, nutritionists, family therapists, sexologists, social workers, psychoeducators, drama therapists, helping professionals, and a physician;
- A human, collaborative, supportive, and unique work environment focused on building long-term professional relationships with opportunities for advancement;
- Competitive and motivating compensation based on the candidate's experience;
- Newly renovated, modern consultation offices in a bright and refined space.

Please send your résumé and cover letter to the attention of Tania Lemoine at: hr@cliniquebaca.com. We thank all applicants for their interest; however, only those selected for an interview will be contacted.